

## **15: Upanayanam ( Sacred Thread Ceremony ):**

### **At Temple:**

**Agarbathi – One small packet  
Beetle Leaves – 8 or more  
Camphor – One Small Packet  
Coconut -4  
Dhoties – 4 ( 2 meters size ) and 2 dhoties & Anga Vastrams (10x6 size)  
Flowers – Min One Bouquet, or more if you wish & 1 Flower Garland.  
Fruits – Minimum 24, or more if you wish.  
Ghee- minimum 1 pound of boiled butter.  
Mango leaves - 5 (if you can)  
New Cloth ( blouse bit, about 1 meter, any color, other than black )  
Supari – 1 small Packet**

### **At Home:**

**Agarbathi – One small packet  
Beetle Leaves – 8 or more  
Camphor – One Small Packet  
Coconuts - 4  
Dhoties – 4 ( 2 meters size ) and 2 dhoties & Anga Vastrams (10x6 size)  
Flowers – Min One Bouquet, or more if you wish & 1 Flower Garland.  
Fruits – Min One Dozen, or more if you wish.  
Ghee- minimum 2 pounds of boiled butter or more  
Kalasham (if you can) – 2  
Kumkum – 1 Spoon  
Lamps -2  
Mango leaves - 5 (if you can)  
New Cloth ( blouse bit, about 1 meter, any color, other than black )  
Oil or Ghee and 2 small Cotton balls  
Plates – 5-small or medium  
Rice – 5 pounds or more  
Sandal Powder-1 small packet  
Supari – One small Packet  
Sweet-Rice or paayasam, as much as needed for all your guests.  
Thread – white – 2 rolls.  
Tumblers or small cups - 5  
Turmeric Powder – Small Packet ( about 8 spoons )**